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LCS SPORTING OPPORTUNITIES





SPORTING OPPORTUNITIES

LCS aims to provide a range of sporting opportunities for our students. Our focus is on participation, sportsmanship and being a great Christian witness in the different competitions that we enter. LCS teams compete hard to get good results but that is not our main focus.

Sports involvement in Year 7-12 falls under 2 different organisations. NSATIS (Northern Sports Association for Independent Schools Tasmania) and NHSSA (Northern High Schools Sports Association).

Most sporting costs are covered by the school but students are expected to provide sport specific equipment such as boots and shin pads for soccer. Uniforms are available to be loaned from the library.



SATIS/NSATIS INFORMATION

Commitment & Organisation

PLEASE NOTE: All sports require team members to be committed to the team. Commitment means being organised and attending training and games. This includes having a positive attitude. Full season rosters are available for all NSATIS sports so you can alert your workplace of times when you won't be able to work. Given that a number of Year 10 -12 students have casual work we ask that you are vigilant and organised when it comes to your personal schedule.

Some students are also involved and committed to other sporting teams and NSATIS could clash with trainings that your club holds. We ask that you do the same thing with your sporting club and let them know of times when you are required to play games for LCS.

The SATIS website (google SATIS) is a great resource for information about the sports that SATIS/NSATIS offer. SATIS is the statewide sporting organisation for Independent schools. LCS will be mainly involved in NSATIS matches which means our teams will mainly compete against Grammar, Scotch, St. Pats, Marist and St. Brendan's Shaw.

If LCS is successful in winning a NSATIS Snr. 1sts title then students will compete against the top Southern school for the SATIS title. In 2018 the LCS Snr. Girls Soccer team was successful in winning the NSATIS and SATIS Snr 1sts soccer titles – an amazing achievement! Our Senior 1sts Badminton and Table Tennis teams also won the NSATIS titles!

2021 will be our 6th year in NSATIS and as well as involvement in the traditional 3 LCS carnivals (Swimming, Cross Country and Athletics) LCS also offers other sporting options.

NHSSA INFORMATION

The NHSSA website (google NHSSA) is a resource for information about the sports that NHSSA offer. NHSSA organise sporting fixtures for High Schools in Northern Tasmania. NHSSA rosters typically involve state schools such as Riverside High, Exeter High, Kings Meadows High etc. as well as the Independent schools in Launceston.



BASKETBALL

NSATIS TERM ONE

NSATIS Senior Basketball (Boys & Girls)

- Played mostly on Wednesdays after school with a few Monday afternoon matches (times do vary between 3:00, 3:30, 4:15 and 5:15). The roster involves one weekend where games are held on Saturday.
- Rosters are drawn up before the season commences and are available on the SATIS website. LCS produces a copy which just has the LCS team info on it so you can stick it on your fridge!
- Separate Boys and Girls rosters
- Matches will be at LCS or the opposing schools court with a couple of games to be played @ Elphin Sports Centre.
- Open to all Year 7-12 students, although the 1sts usually involve the Year 10 - 12 students. But this doesn't disqualify younger players for trying out to make the teams. Independent umpires will officiate the matches. Schools are required to provide a scorekeeper.
- There are usually 3 divisions. Senior 1sts, 2nds and 3rds. When LCS only has one team they will be entered into the 1sts with subsequent teams entered into lower divisions.
- Includes trips to Burnie and Devonport for the Senior. 1sts teams. These require students to leave school at lunchtime and will mean a late arrival home (usually around 8pm).
- The majority of games are out of school hours but when LCS hosts Marist and St. Brendan's the tip-off is at 3:00. In situations where students miss out on class time they are expected to catch up on the work they missed out on.
- Uniform: Plain black shorts and LCS issued Maroon basketball singlet (Loan from library)
- Full rosters, ladders, rules and regulations are available on the SATIS website
- Coaches are volunteer staff/parents/senior students and they give up their own time to train and coach these teams.



BASKETBALL

NHSSA TERM THREE & FOUR

NHSSA Year 7-10 Basketball (Boys & Girls)

- Played on Thursdays after school (times vary between 4pm, 4:50pm and 5:40pm).
- The competition is divided into Juniors (Year 7 & 8), Seniors (Year 9 & 10)
- Separate Boys and Girls rosters
- Matches will be at LCS or the opposing schools court with some games to be played @ Elphin Sports Centre.
- Open to all Year 7-10 students.
- Schools are required to provide referees for their home venue and each school is required to provide a scorekeeper who should sit together on the score bench.
- There are usually 2 divisions in each age group. 1sts, 2nds.
- Uniform: Plain black shorts and LCS issued Maroon basketball singlet (Loan from library)
- Rosters, ladders, rules and regulations are available on the NHSSA website.
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



TABLE TENNIS

NSATIS TERM ONE

NSATIS Year 7-10 Table Tennis (Boys & Girls)

- Played on Tuesday afternoons at 4:15pm
- All matches are at Elphin Sports Centre
- If there are enough teams then there will be 2 divisions.
- Format requires teams of 4 (can be a mix of genders and ages) and players play a range of singles and doubles matches with all results contributing to the team score.
- Scoring of matches is done by the players who aren't playing
- Full rosters, ladders, rules and regulations are available on the SATIS website
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



BADMINTON

NSATIS TERM TWO & THREE

Senior Badminton

- Played on Monday afternoons at 4:00pm.
- There will be home and away matches.
- 2018 was the first year LCS entered into this competition and the team was successful in taking out the title!
- Teams consist of 8 members (4 Boys and 4 Girls)
- 1st and 2nd division are available but LCS are expected to field a 1st team before entering a 2nd team.
- More rules are available on the SATIS website



NETBALL

NHSSA TERM TWO & THREE

NHSSA Year 7-12 Saturday morning netball (Girls)

- Played on Saturday mornings (times vary between 8am, 9am and 10am).
- The competition is divided into Juniors (Year 7 & 8), Seniors (Year 9 & 10) and Year 11 & 12.
- We keep students in year groups as that's the way the divisions used to be organised. This year we will investigate making teams based on ability.
- Matches will be at Hoblers Bridge Rd
- Open to all Year 7-12 Girls.
- Schools are required to provide an umpire each and each school is required to provide a scorekeeper who should sit together on the sidelines.
- Uniform: LCS Netball Dress (Loan from library)
- Rosters, ladders, rules and regulations are available on the NHSSA website.
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



NETBALL

NSATIS TERM THREE

NSATIS Netball (Girls)

- 2018 was our inaugural year in the NSATIS Senior 1sts netball competition. The level of competition was very high but the LCS girls team did a great job representing our school. In 2021 we will be playing in the 2nds competition.
- Played mostly on Wednesdays after school with a few Monday afternoon matches (times do vary between 3:00, 3:30, 4:15 and 5:15). Launceston schools sometimes play early on a Saturday morning but if we have a team LCS will be requesting to keep the games to Mondays and Wednesdays.
- Rosters are drawn up before the season commences and are available on the SATIS website. LCS also produces a copy which just has the LCS team info on it so you can stick it on your fridge!
- Matches will be at LCS or the opposing schools court
- Open to all Year 7-12 students, although the 1sts usually involve the Year 10 - 12 students. But this doesn't disqualify younger players for trying out to make the teams.
- Independent umpires will officiate the matches. Schools are required to provide a scorekeeper each.
- There are usually 2 divisions. Snr. 1sts, 2nds. When LCS only has one team they will be entered into the 1sts with subsequent teams entered into lower divisions.
- Includes trips to Burnie and Devonport for the Senior 1sts team. These require students to leave school at lunchtime and will mean a late arrival home (usually around 8pm).
- The majority of games are out of school hours but when LCS hosts Marist and St. Brendan's the games start at 3:00. In situations where students miss out on class time they are expected to catch up on the work they missed out on.
- Uniform: LCS netball dress (Loan from library)
- Full rosters, ladders, rules and regulations are available on the SATIS website
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



CARNIVALS

NSATIS Carnivals (Swimming, Cross Country, Athletics)

- The 3 NSATIS carnivals will involve a team of LCS Year 7 - 12 students. Students will be selected based on their performance at our 3 school carnivals. Team selection takes into account individual results at our carnival, student workload and student preference. When selected to represent LCS at the NSATIS carnivals students are expected to participate to the best of their ability in the events they have been selected in.
- If students have any issues with the events they have been selected for or if they are unavailable to attend the NSATIS carnival they are expected to contact Mr Ryan Bosker (boskerr@lcs.tas.edu.au) prior to the week of the carnival.

YR 7-12 CARNIVAL DATES

SWIMMING

LCS Year 7-12 Swimming:

Tuesday 16th February @ Riverside Pool (Week 3A Term 1)

NSATIS Swimming:

Wednesday 10th March (Week 6B Term 1)

CROSS COUNTRY

LCS Year 7-12 Cross Country:

Wednesday 26th May @ Windsor Precinct (Week 5A Term 2)

NSATIS Cross Country:

TBC

ATHLETICS

LCS Year 7-12 Athletics:

Wednesday 24th March @ St. Leonards (Week 8B Term 1)

Thursday 25th March is a back-up rain date if needed

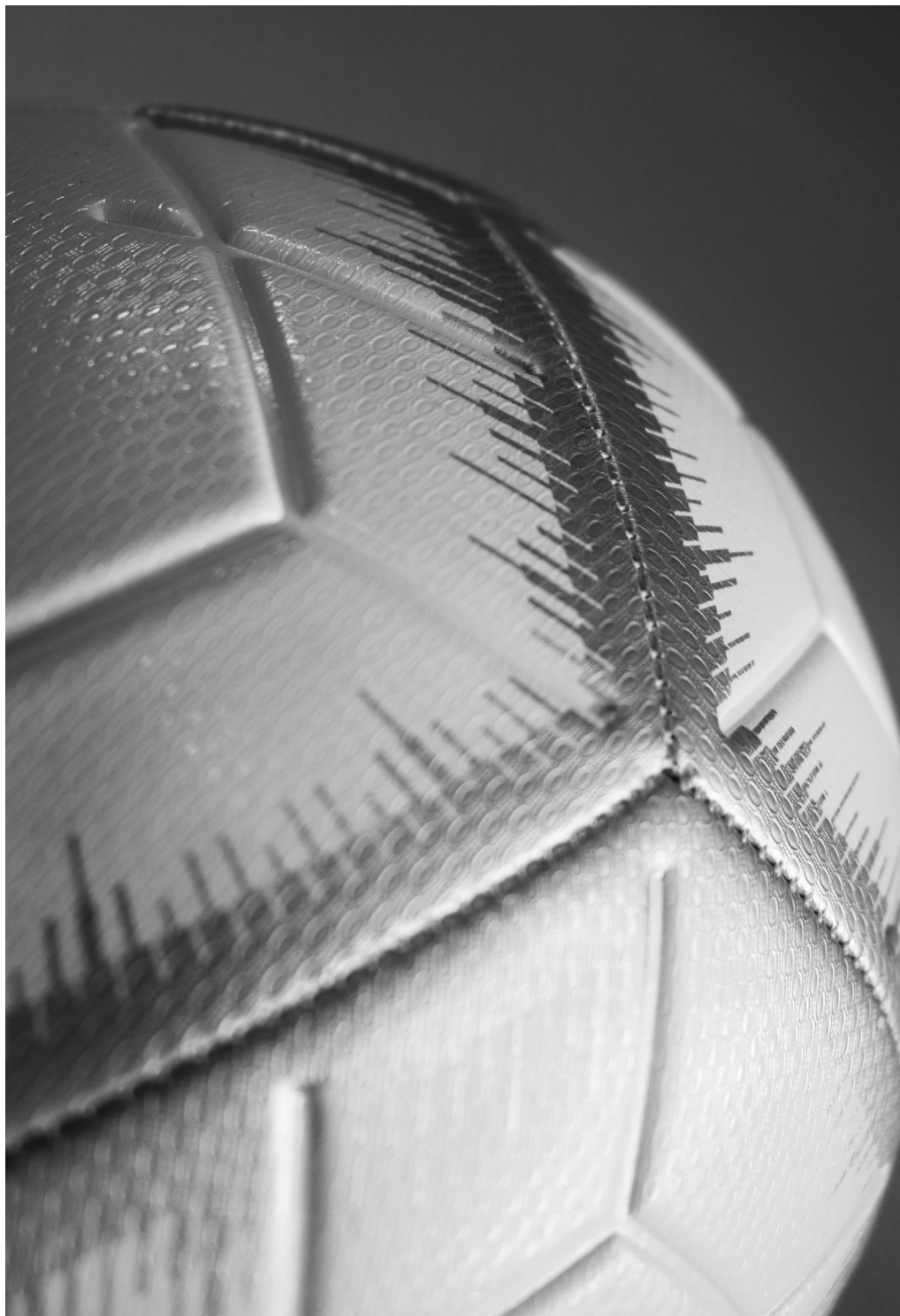
NSATIS Athletics:

Friday 10th September @ St. Leonards Athletics Centre (Week 5A Term 3)

Christian Schools Athletics:

Wednesday 10th November @ St. Leonards (Week 5A Term 4)

Thursday 11th November is a back-up rain date if needed

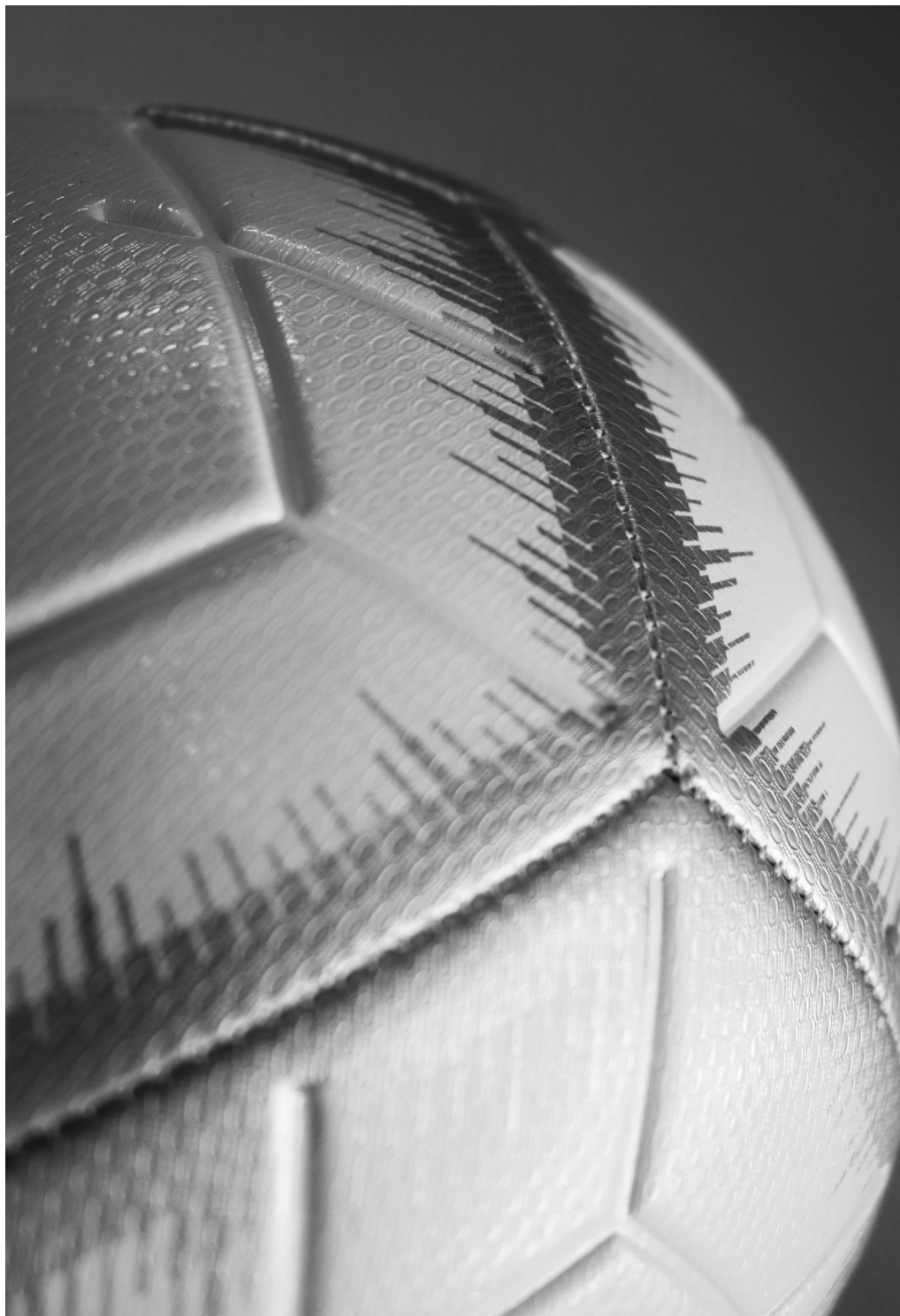


SOCCER

NSATIS TERM TWO & THREE

NSATIS Junior Soccer (Boys & Girls)

- Played on Friday afternoons at 4:00pm
- Open to Year 7 & 8 students
- Separate Boys and Girls rosters
- Rosters are drawn up before the season commences and are available on the SATIS website. LCS also produces a copy which just has the LCS team info on it so you can stick it on your fridge!
- Played at Launceston school soccer grounds (LCS uses the council grounds @ the Windsor Precinct as our home ground)
- Only involves the Launceston based independent schools (LCS, Scotch, Grammar & St. Pats)
- Home team provides central referee and each team provides a linesman.
- Uniform: School soccer top (Loan from the library). Plain Black shorts, Plain Black Socks, Shin Pads, Goalkeeper gloves and soccer boots are all the responsibility of the players to provide.
- Full rosters, ladders, rules and regulations are available on the SATIS website
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



SOCCER

NSATIS TERM THREE

NSATIS Senior Soccer (Boys & Girls)

- Matches for the Senior 1sts teams are played on Monday and Wednesdays after school. Senior 2nds matches are played on Saturday mornings.
- Rosters are drawn up before the season commences and are available on the SATIS website. LCS also produces a copy which just has the LCS team info on it so you can stick it on your fridge!
- Separate Boys and Girls rosters
- Matches will be played at the school soccer grounds (LCS uses our oval and Riverside Olympic when hosting home games so the boys and girls matches can be played simultaneously)
- Open to all Year 7-12 students, although the 1sts usually involve the Year 10 - 12 students. But this doesn't disqualify younger players for trying out to make the teams.
- Independent referees will officiate the matches. Schools are required to provide a linesman.
- There are usually 2 divisions. Senior 1sts, 2nds. When LCS only has one team they will be entered into the 1sts with subsequent teams entered into the 2nds.
- Includes trips to Burnie and Devonport for the Snr. 1sts teams. These require students to leave school at lunchtime and will mean a late arrival home (usually around 8pm).
- The majority of games are out of school hours but due to limited daylight hours in winter the games must start by 4:00. This will require team members to leave school at 3:00 to ensure they get to the venues on time.
- Uniform: Plain black SHORTS & SOCKS and LCS issued soccer top (Loan from library).
- Full rosters, ladders, rules and regulations are available on the SATIS website
- Coaches are volunteer staff/parents/senior students and give up their own time to train and coach these teams.



CRICKET

NSATIS TERM ONE & FOUR

NSATIS Junior Cricket (Yr. 7/8 Boys & Girls)

- We hope to include this for the first time in 2021
- Played on Saturday mornings from 8:30-12:30
- Played at LCS, SPC, Grammar and SOC
- Year 7 competition and a Year 8 competition, but if numbers are low they can be combined.
- Mixed teams of boys and girls are OK
- 11 Players per team
- Each team must provide an umpire and a scorer and have adult team supervision
- Detailed rules available at: <http://www.satis.com.au/sports/cricket/>

NHSSA Year 9-10

- T20 format and played over Terms 1&4.
- Played on Wednesdays after school.
- NHSSA only run a senior comp for Yr. 9/10 but capable juniors will be welcome to play.
- Boys and Girls competitions are available.



VOLLEYBALL

NHSSA Volleyball Year 7-10

- 2021 is the inaugural year for NHSSA inter-school volleyball (if there are enough teams to make a viable roster)
- Exact details of match and team structure are yet to be published, but I will update as soon as I know more detail.
- Played on Thursdays after school in Term 1. Time slots TBC
- Matches played at schools which have appropriate volleyball court equipment and markings. LCS will host matches.
- Hopefully we can get a few teams entered in the inaugural year!



MOUNTAIN BIKE TERM TWO

Not associated with the NHSSA or NSATIS.

All Schools Mountain Biking

- Glenorchy, Hobart
- Races are in age groups ranging from Year 12 down to Year 7.



NEED MORE INFORMATION?

Contact Mr Ryan Bosker
LCS Sport Coordinator
boskerr@lcs.tas.edu.au

Mr Ryan Bosker coordinates and administrates all of the sports and events covered in this pamphlet. He facilitates coach recruitment and helps with scheduling training times. Ryan also attends regular meetings with the NHSSA and NSATIS delegates from other schools to discuss the rostering and other matters associated with these competitions and associations. Ryan endeavors to get along to as many of the matches as possible to support our students and hopes to see you there. LCS is very grateful for the assistance of parents and staff who volunteer their time to help with the coaching of all our teams.





THANK YOU

LCS is very thankful for the many people who give up their time to support sporting opportunities at our school. Without the help of this wonderful bunch of volunteer staff/parents/senior students it wouldn't be possible to enter these teams.

WE NEED YOU

If you are available in 2021 to assist with any of the listed sporting teams in this document, or can help with any of the carnivals or would just like to help out the PE department in any way LCS would love to hear from you.

Feel free to contact Mr Ryan Bosker by email: boskerr@lcs.tas.edu.au

LCS INSTAGRAM

The PE Department have set up an LCS Instagram to update people of things that are happening in the sport area at school. Follow us @Launceston_Christian_School_PE

THE HUB

If you are a current parent, the purple sports tile on the Hub home page is the link to all things sport!



