2022 | THE RITE JOURNEY

## TERM 2 - HOW DO I GET ALONG WITH OTHERS?

**Launceston Christian School** 

- Emotional Literacy
- Societal Expectations
- Gender Behaviours and Roles
- Menstruation
- Body Image
- Relationships
- Conflict Resolution
- Respectful Relationships
- Social Media, Pornography and Technology
- Sex and Consent
- The Winter Sleep-out Camp



## Laurel House Send Noods program:

Throughout Term 2, our students take part in a selection of sessions from Laurel House.



## What is the program?

Send Noods – Sex & Respect is a primary prevention program developed by Laurel House that engages young people to develop a better understanding of healthy and unhealthy behaviour around sex and respect. The program is designed to assist young people in to think reflectively about their own use of sexual language, identify any potential problematic sexualised behaviours, identify the difference between healthy and unhealthy intimate relationships, as well as learn how to develop and sustain respectful relationships. The program will be facilitated by Laurel House's Youth Worker and Art Therapist to ensure that the program delivery is youth-relevant and youth-useful as well as a highly interactive and hands on learning experience.

## Send Noods - Sex & Respect program Goals:

Goal 1 - To reduce sexual assault for Tasmania's young population:
To educate young people in a school environment about problematic sexualised language and behaviours, their own and others' right to consent to sex, and their own and others' obligation to seek consent. To equip young people with practical skills to act protectively when presented with real or perceived risk.

Goal 2 - To reduce relationship violence for Tasmania's young population: To educate young people in a school environment about coercive control, safety planning provisions, early warning signs, unhealthy relationship dynamics and give them practical skills to develop and sustain violence-free relationships. To equip young people with the skills to act protectively when presented with real or perceived risk.